

September 2017-19
Personal Well-being LTP for 6th Form



The PSHE curriculum for Sixth Form is designed, taking into consideration recommendations from the PSHE association, as well as the key aims from the Avalon School ethos and Sixth Form key principles including; self-awareness, healthy living and personal safety.

Information about the PSHE association can be found here: KS5 PSHE Association: <https://www.pshe-association.org.uk/curriculum-and-resources/resources/programme-study-pshe-education-key-stages-1%E2%80%935>

- Core theme 1: Health and wellbeing
- Core theme 2: Relationships
- Core theme 3: living in the wider world

Units will be differentiated for individual students or specific groups to take into consideration their core need and cognitive ability.

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year A 2017/18	Core theme 1: First Aid and keeping myself safe. H1, 2 & 3	Core theme 2: Healthy Relationships R1-R6	Core theme 3: Travelling and using the internet safely. L1, 2, 3, & 4	Core theme 1: Alcohol and Drug abuse. H18	Core theme 2: Contraception R14, 15, 16, 17	Core theme 3: Health and Safety L2
Year B 2018/19	Core Theme 1: Mental health awareness H7-10	Core theme 2: Healthy Relationships Part 2 R7-9	Core theme 3: Life after Avalon L19 & 24	Core theme 1: Personal Safety in the real world. H19	Core theme 2: Healthy Relationships Part 3 R18	Links to current Somerset Concerns - Drugs